



PACKAGES

ONE ON ONE HEALING

2.5hrs // \$300

Beautiful healing session, sacred circle for you to let go of any negative thoughts and feelings, a place to bring in positivity, balance and heal.

- ~ 45 min healing session, (chakra balancing/reiki/energy clearing/crystals)
- ~ Set up of a sacred circle (rugs to lay on, pillows to sit on)
- ~ Grounding techniques
- ~ Journaling (for the burning ceremony) – I will provide paper and pen
- ~ Burning ceremony
- ~ Guided meditation
- ~ Reflection time

You will feel balanced, lighter, peaceful and energized

BALANCING PACKAGE FOR COUPLES

2.5hrs // \$165 per person

Let me create a beautiful sacred circle for you and your loved one, a place to let go of negative thoughts and feelings, a place to bring in the positive energy, balance and heal.

- ~ 1/2 an hour healing session per person, (chakra balancing/reiki/energy clearing/crystals)
- ~ Set up of sacred circle (rugs to lay on, pillows to sit on)
- ~ Grounding techniques
- ~ Journaling (for the burning ceremony) – I will provide paper and pen
- ~ Burning ceremony
- ~ Guided meditation
- ~ Reflection time

You will feel balanced, lighter, peaceful and energized after this amazing, beautiful package

SOUL SISTERS PACKAGE

2.5hrs // \$120 per person (4 people minimum)

Soul Sisters package was designed with the intent to have your best friends/soul sisters together while you have an amazing experience of healing and energy work. In the sacred circle we let go of negativity and bring in positive energy.

This is a wonderful package is designed to help women connect and tune into themselves, and heal.

You will leave the sacred circle feeling, grounded, strong, connected, lighter, balanced, loved, empowered and all around AMAZING.

- ~ Set up of your sacred circle (rugs to lay on, pillows to sit on)
- ~ Grounding techniques
- ~ Journaling (for the burning ceremony) – I will provide paper and pen
- ~ Techniques for activating your chakras
- ~ Burning ceremony
- ~ Guided meditation
- ~ Reiki healing, energy clearing and Chakra balancing
- ~ Reflection time

I will create your woman's sacred circle for you to enjoy with your best friends, your soul sisters. A place to heal, balance, release and energize the mind body and soul.



FOLLOW SOUL SISTERS RETREATS TO SEE MORE BEAUTIFUL IMAGES OF WHAT TO EXPECT DURING YOUR EXPERIENCE

